

向耶穌肩頭聖傷祈禱

噢，親愛的耶穌，順從天父的羔羊！
我，一個卑微的罪人，向您肩頭上的聖傷致敬。

您背負了沉重的十字架，它扯裂了皮肉，綻露出骨頭；
這是您至聖身體上最大的傷口，痛苦至極。

悲傷的耶穌，我崇拜您，我讚美您，我榮耀你；
感謝您以背負沉重十字架，藉著神聖而痛苦的傷口，
來憐憫我，赦免我這罪人的各種大小罪過。

我懇求您，帶領我在您的十字架道路上，走向天國。
阿們！

Background information:

St. Bernard asked Jesus which was his greatest unrecorded suffering and the wound that inflicted the most pain on him in Calvary and Jesus answered: "I had on My Shoulder, while I bore My Cross on the Way of Sorrows, a grievous Wound which was more painful than the other and which is not recorded by men."

English version:

A PRAYER TO THE SHOULDER WOUND OF CHRIST

O Loving Jesus, meek Lamb of God, I a miserable sinner, salute and worship the most Sacred Wound of Thy Shoulder on which Thou didst bear Thy heavy Cross, which so tore Thy flesh and laid bare Thy Bones as to inflict on Thee an anguish greater than any other wound of Thy Most Blessed Body. I adore Thee, O Jesus most sorrowful; I praise and glorify Thee, and give Thee thanks for this most sacred and painful Wound, beseeching Thee by that exceeding pain, and by the crushing burden of Thy heavy Cross to be merciful to me, a sinner, to forgive me all my mortal and venial sins, and to lead me on towards Heaven along the Way of the Cross. Amen.